SENATOR FOR A DAY MOCK LEGISLATION

THE GENERAL ASSEMBLY OF PENNSYLVANIA

SENATE BILL

NO. 2

Session of 2026

INTRODUCED BY SENATOR_____November 5, 2026

REFERRED TO SENATE JUDICIARY/EDUCATION COMMITTEE

Mental Health Days for Students

An act Amending the act of March 10, 1949 (P.L.30, No.14), entitled "An act relating to the public school system, including certain provisions applicable as well to private and parochial schools; amending, revising, consolidating and changing the laws relating thereto," in pupils and attendance, further providing for definitions and providing for mental health days.

No later than the beginning of the 2026-2027 school year, each board of directors or governing body of a public, nonpublic or private school shall adopt policies to provide an excused absence from compulsory school attendance for a mental health day when a student's well-being is at risk due to mental or physical fatigue, regardless of whether the underlying mental health-related condition triggering the fatigue is a certified mental health-related condition that has been diagnosed by a doctor or an undiagnosed mental health related condition.

The policy shall not limit the total number of mental health days used per school year. A student may use up to two consecutive days for a mental health day but cannot use three or more mental health days in a week or in two or more consecutive weeks.

"Mental health day" means a day to allow a student to attain care, rest or treatment to address a certified mental health related condition or uncertified mental health-related condition.